



**\$5**  
Sephora Collection  
Ginseng Sleeping Mask  
sephora.com.au



**\$29**  
Napoleon Perdis Auto  
Pilot Overnight lip balm  
napoleonperdis.com

**PATCHWORK**  
For all the side-sleepers out there, these patches pack a punch. Apply on clean, fragrance-free skin and it's lights out! Smooth, crease-free skin will greet you in the morning.

**\$39.95**  
Wrinkles Schminkles Chest and  
Décolletage Smoothing Kit  
winklesschminkles.com



**\$39**  
Shhh Silk eye mask  
shhhsilk.com.au

During the holiday season, who has time for an extensive beauty routine? So make the most of sleep. Overnight, skin has a chance to repair itself, absorb oxygen and moisture, and lock in key ingredients—all while you snooze.



Bedtime glamour:  
Gigi and Bella Hadid.



**\$38**  
Endota Spa Organics  
Charcoal Detox Mask  
endotaspa.com.au

# Sleeping buddy

Try overnight fixes that activate while you doze, maximising your beauty sleep



**\$99**  
Dermalogica  
Overnight  
Repair Serum  
dermalogica.com.au

## OVERNIGHT ELIXIR

"Serums are typically highly active cosmeceutical formulas designed to target specific skin concerns," says Dermalogica's Dennille Ludenau. "They may target aging by stimulating the structures that keep our skin firm and plump, or hyperpigmentation by impairing the over-production of pigment." Apply a night moisturiser on top and prepare to wake well-rested.



**\$38.90**  
Pure Hair Food Rest Your Hair  
100 per cent Luxurious Silk pillowcase  
purehairfood.com.au

## LITTLE LUXURIES

Silk is kind to hair and skin. Cotton can cause friction, leading to hair breakage and frizz, and leave skin with unwanted creases. Add a little luxe to your PM with a 100 per cent silk pillowcase.



**\$60**  
Estée Lauder Advanced Night Repair  
Concentrated Recovery Eye Mask  
esteelauder.com.au