

WHAT'S HER SECRET?

Jessica Lange

This Patch Smooths Wrinkles

In 2014, the *Tootsie* star dealt with an aging woe common for us all: pesky frown lines. "Years of repetitive muscle contractions plus a breakdown in skin's elasticity causes vertical lines to develop mid-forehead," says dermatologist William Kwan, M.D., who treats celebrities in his San Francisco office. For a line-free forehead like Jessica's now, he suggests a silicone facial patch. "It pulls skin taut to restrict the movement that leads to lines, and research shows silicone stimulates the production of skin-firming collagen to further smooth them out." Apply a patch (like *Wrinkles Schrinkles Forehead Smoothing Kit*, \$30, dermstore.com) onto the forehead nightly for results in one week.



At age 64

Kristin Davis

A Keratin Spritz Thickens Locks

A lack of luster in the *Sex and the City* star's hair two years ago left her locks looking flat and put a harsh spotlight on thinning around her hairline, says hairstylist Peter Butler, who's worked with Mariah Carey and Sheryl Crow. His trick to restoring life, shine and dimension to dry, straw-like strands in an instant? Spray a keratin-infused treatment (we like *It's a 10 Miracle Leave-In Conditioner with Keratin*, \$17, target.com) onto hair before styling. "Keratin, the protein that makes up hair, binds to dry, damaged hair fibers to 'fill in' porous areas and seal the hair cuticle. This adds shine and pumps volume right back into hair for thick, silky locks like Kristin's now," Butler explains. Bonus? The added sheen reflects light onto the face to blur fine lines!



At age 50

Regina King

Silver Shadow Opens Eyes

A cat-eye can be sexy, but the dark, heavy-handed technique optically shrunk the *Jerry Maguire* star's eyes while drawing focus to under-eye bags, leaving Regina looking more spent than sensational, says makeup artist Natalie Saraf, who's worked with Brooke Shields and Paula Abdul. For a soft, youthful and sexy stare like Regina's now, Saraf recommends capping off a severe cat-eye with a shimmery silver shadow (like *NYX Professional Makeup Prismatic Eyeshadow in Frostbite*, \$6, ulta.com). "A subtle sweep of sheer silver sparkle across the lid directs focus up, giving the eye a 'lift,' while dabbing it on the bottom lash and in the eyes' inner corners helps brighten peepers for a more wide-awake look."



At age 44